

|| HARI OM ||

**rites and rituals**  
**[VIDHI-VIDHAN]**

(Composed by Rev. Shree Mota)

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(In English)

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## DEDICATION

to

## PREFACE

Rev. Shree Mota has written all his teaching in a very simple Gujarati. He observed that a common man does not understand the meaning of Sanskrit Shlokas narrated by the Pundit or ācharya conducting the ceremonies. So he composed all the ceremonies in very simple Gujarati language which can be understood by every body. He has composed prayers and rituals for all occasions.

So many Gujarati families have settled in other parts of India and in many countries of the world. They want to perform certain rituals but pundits knowing these rituals in Sanskrit are not always easy to get. To solve their problems, Hari Om Ashram-Surat has taken this initiative to translate the book 'Vidhi-Vidhan' in English. Shree Babu (Sarkar) a great devotee of Shree Mota and who has good fortune to be blessed by Shree Mota voluntarily undertook the job of translation. He has completed it successfully and we are pleased to place it at your service.

We are thankful to all those who were instrumental in getting this book printed.

Dikshyadin, 2007

Board of Trustees

Surat,

**Hari Om Ashram**

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## ACKNOWLEDGEMENT

Believing that whatever the officiating priest does is right and according to scriptural injunctions, following them blindly, doing what is told mechanically, certain pronouncements of words being not correct and without our understanding the inner meaning and significance, repeating the words of the priest parrot like, the rituals lose the effect they should have on the follower - this is done in case of marriage, laying the foundation stone of a house, investiture of thread ceremony and house warming ceremonies.

Pujya Shri Mota took a bold and new step and introduced innovative rituals with the idea that the priest, the doer of rituals and the general public attending the ceremony do understand the meaning and significance of it all. The main purpose of it all is to inculcate and infuse virtue and goodness (Guna and Bhava) into the listeners and the good qualities may be imbibed by those attending. And Shree Mota's rituals are all as per scriptural injunctions and yet the expenditure involved is less than when done by the professional priests in Sanskrit.

There are three fold benefits in his method. First, the priest, the performer of the rituals and the general public partake in it and understand the meaning. Second it is all done with understanding, consciously and third it does away with heavy cost of ritualism. All this is by no means a small achievement. And the society is greatly benefited. The anthology of these rituals was done by Rama Kant Joshi. And our gratitude to Hari Om Satsang Mandal and Hari Om Ashram Surat for their joint, collective efforts in bringing out this collection of rituals in English.

We are thankful to Shri Babu Sarkar for translating the book in English. We are thankful to Shri ..... for the proof reading. We are thankful to all those who directly or indirectly were instrumental in bringing out this book.

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**Hari Om Ashram**  
Surat

## TRANSLATOR'S VIEW

### HERACLITUS ON FIRE

Before translating Pujya Shree Mota's book Vidhi Vidhaan from original Gujarati into English, let us first understand the significance of fire.

According to the Greek philosopher Heraclitus [6th century B.C.] all things and beings originate from fire and in the end return to fire and change is the only truth or principle of being. And change also means death. According to Shree Aurobindo, death is only a change from one stage of life to another which Pujya Shree Mota endorses fully. Death is never a full stop. According to Shri Mota fire is a great power. According to modern scientists, fire is the greatest source of energy - for example solar energy. Hence the worship of Sun assumes great importance.

All human activity is done in the presence of the Sun - after Sun rise and before Sun-set.

Now to the main question-why are all our rituals and ceremonies-done in the presence of fire or why are they done keeping fire as a sacred, divine witness ?

The Parsees in their worship of fire God undestood its significance to an extent.

Now the Soul is nothing but a combination of two elements - fire and ether or space.

Fire when ignited comes from space and then returns to space. Fire can never be stored or held without a purpose. It then becomes an agent of destruction. Fire is called down from space for a purpose.

The flame of a fire points upward only. It can never point downward. This shows fire dwells only in space and nowhere else. All other elements can be held or contained but not the fire. Fire and soul are never subject to gravity.

Now the soul is of the nature of fire, It combines heat and light. Lively living being has a temperature and a dead body has none. Often when the soul leaves the body of a highly evolved person, it is seen for a moment as a small fire as if a burning wick has come out of that body. And that fire is more Golden in colour.

The dwelling place of a Soul is space. It comes from space and returns to space in the end. It cannot be held or contained - cannot be tied or imprisoned by any human means.

*Pujya Shree Mota knew and believed that marriage is of two souls and not of two bodies.*

Therefore our ancients, with full knowledge, evolved marriage ceremonies to be conducted in the presence of and witnessed by fire God.

Fire is not just one of the elements. Like the Sun, it is considered a lower God. Hence the words-Surya Devata, Agni Devata have a significance.

Now to the business of actual translation of all the rituals and ceremonies.

- Babu Sarkar

## rites and rituals of pujya Shree Mota

Shri Mota accepted all facets of life, all aspects of life, and every work that comes to him without his asking or making any effort for it as a means of spiritual advance. This was a great quality/trait in him and an important one.

After the great experience of being omnipresent everywhere and his final liberation - Mukta stage -his new divine life for welfare of man began, He had become a perfect being, a free being and an adept, fit to guide humanity to God. He appeared to all as down to earth common man. Many drawn to his vast, crystal being, he could see through and understand their inner beings. And all people believed that 'Mota' belonged to him exclusively and was his wholly. And through this oneness of heart, he could sow into their hearts the seeds of godly emotions.

Shree Mota worked upon and through human nature and that human nature could not remain static after his psychic touch but underwent a great change and transformation which was primarily to bring a new awareness in life and getting great help from Mota in

his (aspirant's) Life and effort the latter could take great strides in his Godward journey. Why should an adept create these rituals then ?

Behind all these rites and rituals [Vidhi-Vidhan] Shree Mota had the aim of spiritual development at the core. Let us observe some external as well as internal aspects of them to verify this.

(1) The rites of Shree Mota are composed in very simple Gujarati language. [Which was his mother tongue and the language of the area where he grew up, and carried out most of his activities.] Traditional rites, performed by brahmins/acharyas are in Sanskrit. As a result, their meanings, implications and ideals are not understood easily by every one. In order that every one can understand the spirit behind each and every action and the offering, Shree Mota composed the rites and rituals in simple Anooostoop matter. [chhand]

(2) Every one, he may be a relative, friend or a wellwisher, who attends the ceremony, has to sing it along with the host. By this action on part of the participants, the host feels that he has received the real company and support of all. Simultaneously those who have come to attend the occasion, feel that

they have actively participated instead of remaining passive spectators. This way good bhaav (Love) is kindled in all the hearts participating in the propitious occasion.

Due to chanting the prayers of the rituals collectively as a chorus, a single bhaavna gets fortified by the bhaavna of so many who have come together. This generates such an intensity of good feeling [Bhaavna] that it penetrates deep into the hearts of all and touches them emotionally.

Besides, the typicality of these rituals is that, they have sprung forth from the loving heart of a renounced, self realised Sadguru. Their words, therefore have lots of animated power which subtly affects the nervous system and internal organs [mind-chit etc.] of those who sing them consciously and loudly. The sum total result is that the participant gets the benedictory touch of spirituality without being aware of it. Moreover singing these words loudly in a chorus, generate a serene atmosphere surcharged with good vibrations which is so suitable to carry out the auspicious work. All the participants are collectively engaged in singing for a single cause, there is no duality of thought and action. The dynamic

consciousness of the awakened soul can instill at such a time, inscrutable and divine imprints on the heart of every participant. These are some of the spiritual implications of singing the rituals in a chorus.

(3) The rituals formulated by Shree Mota indicate the types of intentions we should inculcate in our heart while carrying them out. So while we are singing the rituals, we must know and be aware of the full meaning they convey. Bhaavna gets kindled in our heart only if we know what we are invoking. Shree Mota has explained in details what type of spirit we should hold at our heart and how to go on strengthening it, while performing a certain action in real life. So the priority is given to bhaavna and Bhaav and how to strengthen them in the rituals of different occasions. So every prayer inspired by him is conducive to lead a life full of love for god or in other words it can emanate quality and love in life and go on strengthening it.

(4) As a result, the vidhi [ritual] consisting of various prayers initiated by Shree Mota, is not a dry and rut ritual to be performed for the sake of performing [for our superficial mental satisfaction] but it is a unique power

inspiring us to proceed with our life on a path which leads to higher planes of divinity.

We have to pass through crucial stages in life when we have to follow rituals described in this book as initiated by Shree Mota. If we will follow them, they will provide great momentum to our efforts. Shree Mota has devoted special thoughts in devising rituals for 'Thread Bearing Ceremony' and 'Marriage Ceremony'. He has given detailed description as how to carry them out. Society in general is greatly indebted to Shree Mota for devising these rituals and explaining bhaavna behind each action. Normally otherwise we tend to utilise these occasions in a vulgar way to show off our opulence and elegance to create a false, illusory high social status.

It is a good sign of open mindedness of our society that even the brahmins who carry out rituals in traditional ways have acclaimed the rituals of Shree Mota.

(5) Except for the 'Ground Breaking Ceremony' [Laying Foundation Stone], all the rest require fire to be ignited at the time of the ritual. Proper mantra has to be selected and offerings are made in the fire place while chanting that mantra. Shree Mota has

explained the purpose of igniting fire. [Refer page no...]

The equipments and articles required for each ceremony are listed carefully. But bear in mind that the articles used are only symbolic. The more important thing is the Bhaavna behind them which we have to invoke and lead a pious, peaceful and serene life. This is the real secret behind all rituals. 'Catch hold of the essence of the substance, and you get hold of the life'-Shree Mota used to say.

We do come across hinderences, difficulties, obstacles and a stretch of bad luck in life. These rituals are devised by the most complete liberated soul for us to sing at such times so that we remain united with god. These yagna can be performed individually or by the whole family jointly. It is worth trying these prayers and experience their effects, when we are in dire need of help at the time of great difficulty.

(6) Shree Mota had devised these rituals whenever some one became an instrument (Nimitta) for them. For a liberated soul, nimitta plays a subtle and inscrutable roll behind his every action. It would be advisable for the aspirant, to read his book titled 'Nimitta.' As indicated in it, each ritual

contained in this booklet, was inspired when he was invited to perform that ritual himself by a devotee close to him.

Rituals are unseparable part of our life. In the initial years, when Meditation Rooms [Maun Mandir] were started at both the ashrams, Shree Mota used to go to the devotee in his room and carry out some secret symbolic ritual. There after his potent power was working on that devotee subtly [during his stay in maun mandir and thereafter].

According to Shree Mota, we remember him because of the subtle ritual carried out on us by him without our knowledge. Thus even those who have not met him in person and yet are drawn to him is due to the fact that they are his subtle instruments. He must surely have carried out certain necessary subtle rituals on them on his own.

He was a omnipotent realised soul who showered his energetic and dynamic consciousness on us subtly. We have received his benedictory gift in the form of rituals and prayers in Gujarati, which is now translated in English.

(7) Due to over enthusiasm or because of awe of emotions overtaking us, if some

mistakes are committed while performing the rituals or if they are performed in topsy turvey manner, don't get scared. Our priests warn us of dire consequences in such events, but it might be with the intention that we are attentive and serious while performing them.

In the rituals devised by Shree Mota, rituals are merely symbolic, the bhaavna and bhaav behind them is the important thing. So it is only necessary to keep in mind that and try to be attentive that the prayers donot become a peripheral action. Moreover we have to strive to awaken our awarness confirming to the bhaav expressed by the words of the prayers so that it helps us to lead a life as prayed for. It is more important to have a lasting impression of the real implications of the prayers on our mind, intelligence and chita.

- HARI OM SATSANG MANDAL

#### **HINTS FOR ONE WHO OFFICIATES AS A PRIEST IN THE RITUALS**

Since these rituals are by Shri Mota and we are adopting them, the performer of the rituals must have the image of Shri Mota before him firmly believing him to be

present in Soul and uttering "Hari Om" three times, calling down his consciousness, let him commence the rituals. This will invoke his blessings.

Whenever a fire is to be lit he should recite the prayer for igniting the fire.

The officiating priest should believe himself to be a humble servant and instrument of Shri Mota and invoke his grace and power.

Hari Om.



In presence of you, to day as I do  
Pray wish good luck O! Sire  
Pray bless me now O! Sire  
Pray grace you love O! Sire

### ENGAGEMENT CEREMONY

To day you enter a new phase of life,  
The first ritual for this is  
being performed now. -1  
To day is the glorious day of founding  
A new life in this world together. -2  
In the presence of all elders,  
with their good wishes  
The auspicious engagement ritual  
with due affection is performed. -3  
To be one in heart and  
soul from now on  
In life's every event with graceful  
ease is its main aim. -4  
In each other's companionship,  
one in heart  
Together to live and work, this  
new stage of life is here. -5  
Knowing each other's nature,  
understanding each other  
Both must have sympathetic  
love for each other. -6

This is the occasion  
glorious to understand  
Each other's traits and qualities of life. -7  
Before actual marriage,  
this is the Occasion  
To know and understand  
feelings of each other. -8  
Why have you met in  
life or come together  
This is the auspicious occasion  
to know. it well. -9  
This is the occasion to have mutual  
Feelings of love for  
each others' families.-10  
This is the first step in commencing  
To maintain and develop  
our culture and heritage.-11  
To be always happy,  
be your firm determination,  
Sorrow and happiness are always  
in your hands.-12  
To have harmony in life, renounce,  
sink all differences,  
To be mutually happy learn to  
renounce, give up for the other.-13  
In each other's Sorrow and joy  
be you a partner of life,

This is the key of eternal happiness,  
you will ever be happy.-14  
To become one at heart  
though you are two,  
This is the glorious occasion of  
developing loving unity in diversity.-15  
May the heart-felt blessings of all  
elders be upon you both  
Is my prayer of love at the  
feet of my Lord.-16

#### MANDVA MUHURT

A ceremony performed under a canopy of cotton for relatives to meet, after digging in a small pillar, inviting them to bless the house.

The commencement ceremony before wedding proper for this canopy for relatives assembled below

The ceremony includes the following rituals :

- Mandava Muhurt
- Igniting fire
- Aahuti Mantra [Mantra for oblation]
- Yagna Poornahuti [Final offering]
- Grahshanti [Prayer for peace at home]

#### Instructions :

- After fixing a small wooden pillar sing prayer for Mandva Muhurat.

- Sing prayer for igniting fire as shown on page No. ....
- Ignite fire
- Offer Aahuti 108 + 1 = 109 times by singing Aahuti Mantra.
- There after sing Poornahuti Mantra 21 times.

#### PRAYER FOR MANDVA MUTURT

As the small pillar is fixed in the ground  
So should our lives' deep  
feelings be fixed in each heart. -1  
Our harmony, fraternity,  
cooperation in every way  
Among all relatives, dear ones,  
for ever may remain in our hearts. -2  
May our dealing with our  
near and dear ones  
Run smoothly with mutual  
love and respect. -3  
If any occasion arises, we have to  
forgo anything  
Let us so endure for  
others unhesitatingly. -4  
Even if some injustice'is done,  
to us by someone  
Let us act justly and equitably  
with such ones. -5



Let none be hurt by us  
     even a whit inadvertantly,  
 May all be ever happy and pleased  
     with our loving efforts. -4  
 May peace and happiness  
     of all be well maintained,  
 May all be well taken care of  
     by us towards that end. -5  
 May all be pleased and happy  
     with our loving efforts,  
 May we welcome with love  
     all our near and dear ones. -6  
 May the atmospher of today's gathering  
 On this occasion be  
     surcharged with joy. -7  
 Let us tie all the dear and loving ones  
 Through a thread of unity,  
     so we may be one. -8  
 Peaceful and happy will be,  
     all our guests at home  
 On this occasion,if all have only joy,  
     delight and ananda. -9  
 May our hearts take delight in  
     according high respect to all,  
 It is only to awaken in us this  
 awareness, this ceremony is performed.-10  
 This propitiation and prayer is

    wholly necessary for this alone,  
 And we pray all our guests and  
     relations to reciprocate thus. -11  
**GOOD WISHES FOR  
 THE NEWLY MARRIED**  
 May you both for each other's  
     sake offer yourself with love,  
 May you remaining together  
     tread the path of life apace. -1  
 Both of you loving each other  
     as one Soul  
 Whatever merit you earn  
     offer it at the Feet of the Lord. -2  
 In marriage dissolve all duality with  
     the feeling of oneness of heart.  
 May the pure love of heart flow  
     from you with compassion for all. -3  
 May there be a cool healing  
     shade in your life unique  
 Lord, may your choicest blessing  
     be upon this couple with your love. -4

ENGLISH TRANSLATION OF  
**WEDDING CEREMONY**  
COMPOSED BY PUJYA SHREE MOTA  
IN GUJARATI

**ARTICALS REQUIRED FOR VEDI  
SACRIFICIAL POT (VEDI)**

The sacrificial fire pot [vedi] made from metal should have inside dimensions : 400mm x 400mm x 325mm deep [16"x16"x13"]

The pot should be kept on bricks and surrounded by bricks which are white washed. Fire pot can be had from Ashram. 50-60 bricks to be arranged and white washed.]

Other articles to be arranged for the marriage ceremony.

- (1) Two fibrous coconuts containing water.
- (2) Vermillion-moistened.
- (3) Sandal paste.
- (4) White-red cotton thread-Nādāchhadi.
- (5) Mindhal - 2.
- (6) Melted Ghee made from cow milk-300 grams.
- (7) White sesame-300 grams.
- (8) Barley-300 grams
- (9) uncooked rice-300 grams.
- (10) Coriander seeds mixed with jaggery-200 grams.
- (11) Betal Nuts-10 Nos.
- (12) Betel leaves-10 Nos.
- (13) Camphor-about 12 tablets.

- (14) Match box-one.
- (15) Charcoals 2.5 to 3 kg and dry wood pieces [pieces not to be longer than 250mm (10")]-10 kg.  
Cow dung cakes-25 Nos. can be used in place of charcoals.
- (16) Plates or big dishes-3
- (17) Small bowls-vātiki-8
- (18) Tea spoons-3
- (19) Soup spon-1
- (20) Water jug-1
- (21) Wooden stools-Pātlā-6
- (22) Cotton Assans-6
- (23) Garlands-6 (Besides those required for the bride and bridegroom)
- (24) loose flowers, Dharo
- (25) Photograph of Shree Mota preferably of large size.
- (26) Chair with handles for Mota's photo.
- (27) Cotton
- (28) Insense sticks-packet
- (29) Chair with a handle for the officiating priest.
- (30) Napkins-3
- (31) Hand fan-1
- (32) Lamp for Mota's photo
- (33) Booklets of marriage ceremony [to be collected from Ashram and returned]

### **SITTING ARRANGEMENT**

Bride and bridegroom to sit east facing, Achāryā to sit south facing, Bride's parents to sit west facing, Bridegroom's parents to sit north facing. Commencement of ceremony with Pooja, Archana, lighting the small ghee lamp and a bow.

### **THE SIGNIFICANCE OF WEDDING CEREMONY PROPER**

(as seen by Shree Mota)

Shree Mota had applied his mind to all our rituals. Marriage is the most important ritual in the life of a man and a woman who wants to be a HOUSEHOLDER. [Grahastha] Shree Mota has explained in brief the significance of using certain items to perform a marriage ceremony. They are as follow :

#### **VEDI : [Fire Place]**

The Vedi, if time and space permits, is constructed of unburnt bricks. The inside dimensions of the vedi are 450mm x 450mm x 325mm deep. [16" x 16" x 13"]. In cities and in halls, normally a metal Fire place is used conforming to above dimensions as far as possible.

Vedi has four sides. On each side, a betel nut is placed on top of a betel leaf. Betel nut signifies god Ganesh. The betel leaf is a

seat (Aasan) offered to Ganesh. Ganesh is the first god to be invoked in all Hindu ceremonies. He dispells all evils and helps to complete the ceremony without any problems. He is a protector.

#### **AGNI : (Fire)**

Our physical world is made of five elements viz. Aakash (space), Tej (Fire), Vaayu (Air), Jal (Water) and Pruthvi (Earth). Even though these elements are distinct, they are always in an intermingled form.

Why is fire so important in a marriage ceremony ? It is because fire is omnipresent. It is present in Aakash in a subtle form. In Tej it is in the form of fire. There is fire in Vaayu, Jal and Pruthvi tatva also but it is in subtle form. Fire is present in our body too. Our ancestors recognised its importance as we can not live for long without fire. So they enshrined him as a god. It is a deity, a power.

Fire symbolises knowledge. It is also a power. It must be kept energetically alive by fuelling it. What fuels should be offered to him in order to keep our body fire energetic? In other words, what should be the oblations for our inner fire ? They are, Passion, anger, greed, infatuation, conceit, envy, ego, attachments and aversions etc. If we give

these as oblations, the fire burning within-our strength and intelligence will remain dynamic and sharp. Fire is given a prominent importance in almost all Hindu ceremonies.

#### **KUMKUM : (Vermillion)**

Why Kumkum is applied on our forehead in all ceremonies ? Kumkum symbolises renunciation. It is red in colour-the colour of our blood. Most of the portion of the food we intake is discarded by the body in the form of excreta, urine perspiration etc. only a small portion is converted into blood. Thus blood is a very valuable thing received from the process of discarding-from the process of renunciation by the body. As Kumkum is as red as blood, it is applied on our forehead to make you conscious of the spirit of renunciation.

#### **AKSHAT : (Rice)**

Rice grains are used in all ceremonies. The Sanskrit word for rice is 'Akshat', meaning 'that which is flawless, The rice grains selected for religious ceremony do not contain any broken pieces-flaw less. Rice is grown almost in all parts of the world since the birth of civilization. Farmers toil to grow rice and feed the world. Thus rice symbolises effort and struggle. Unbroken rice symbolises unrelenting,



Need other fire, to kindle your fire  
that is the rule of game  
Dilligent search will lead you these  
Sadhna is its name. -4

Efforts are needed to kindle the fire  
Sadhna works same way  
If dies down, light it again  
Don't leave it half way  
In quisitiveness will lead you these  
to the gates of consciousness  
Enter with might with your due right  
don't rest, have first success. -5

To settle down well, in life as well  
with devotion I light the fire  
In presence of you, to day as I do  
Pray wish good luck O! Sire  
Pray bless me now O! Sire

Pray grace you love O! Sire  
Now the parents of the bride give advice  
to their daughter as how to behave in a new  
roll as a house wife. The advice includes the  
bridegroom also who now will have to play  
the roll of a house holder.

#### **PARENT'S ADVICE TO THE BRIDE**

Offering in the Yagna called marriage  
oblations of hearts  
Daughter of us, so dear to us  
and unseparable part. -1

Daughter who dazzles with jems of  
knowledge acquired by herself  
Offering in the Yagna of marriage  
all through by herself -2  
Let this Yagna of life go on  
with love for each and other  
live you life with devotion nice  
and spend it all together -3  
Know that life, is really a life  
that leads to revolution  
Marriage is meant for climbing high  
on steps of evolution -4  
Marriage if spent for canal desires  
the effort in vain will it be,  
Oblations of baser traits of nature  
is the correct marriage to be -5  
Going to be one, by mutrual consent  
so live as one throughout  
Working together for well of others  
let lives of yours shine out -6

Now the bride and bridegroom offer gar-  
lands to each other. This signifies that they  
have consented to get married and assume  
responsibilities as householders. What are  
those responsibilities they promise to abide  
by ? there are seven stages of life, Shree Mota  
believes they are fourteen. So he has composed  
fourteen stanzas symoblizing 14 steps of life.



'Keeping this sacred fire as  
     our witness to act with love,  
 To be one in life, we offer oblations  
     together with our hearts' -6  
 Taking seven steps together  
     companionship grows,  
 In life's varied stages we shall  
     act together thus,  
 'Keeping this sacred fire as  
     our witness to act with love,  
 To be one in life, we offer oblations  
     together with our hearts' - 7  
 What meaning and value has  
     life that is spent in mere  
     physical enjoyment ?  
 Life is a real penance and offering,  
     in real life we  
 shall endeavour to be  
     one at heart.  
 'Keeping this sacred fire as  
     our witness to act with love,  
 To be one in life, we offer oblations  
     together with our hearts' - 8  
 We cannot only fill our lives  
     with the beauty of the rose  
 Knowing it has also thorns,  
     we unite in life

'Keeping this sacred fire as  
     our witness to act with love  
 To be one in life, we offer oblations  
     together with our hearts' - 9  
 Sorrow and joy, grief and delight's  
     mental tendencies,  
 To be endued with equal hearts,  
     we meet in life today,  
 'Keeping this sacred fire as  
     our witness to act with love,  
 To be one in life, we offer oblations  
     together with our hearts' - 10  
 Sinking ourself, giving importance  
     to our life-partner,  
 To help evolve ourself we gain  
     in life with mutual love,  
 'Keeping this sacred fire as  
     our witness to act with love,  
 To be one in life, we offer oblations  
     together with our hearts' - 11  
 Love never knows to enjoy,  
     offering its own self it loves,  
 To blossom our love,  
     we unite in life  
 'Keeping this sacred fire as  
     our witness to act with love,  
 To be one in life, we offer oblations  
     together with our hearts' - 12

To enjoy life's delight, we are  
    immersed in life's love.  
 To touch others' lives,  
    we now become one,  
 'Keeping this sacred fire  
    as our witness to act with love,  
 To be one in life, we offer oblations  
    together with our hearts' - 13  
 With a yearning heart on  
    this our new path  
 To begin a new life together  
    we unite truly,  
 'Keeping this sacred fire as  
    our witness to act with love,  
 To be one in life, we offer oblations  
    together with our hearts' - 14

• • • • •

Now the boy and the girl hold their palms together. This is called 'HASTA MELAP'. After this process, the following prayer called 'JEEVAN VRAT' is recited by all the participants.

**JEEVAN VRAT : (Vows of Life)**

We will carry out together  
    task as house holder  
 We will live with love so much  
    and respect for each other. -1

We will not load high handedly  
    ideas on each other  
 We will alertedly not be  
    assertive to the other. -2  
 Let it never grow in us  
    the sense of owning other  
 We will never be owners but  
    frindship be with others. -3  
 By Volition we got together  
    and chose to get united  
 Let oblations be offered  
    by us in life united. -4  
 Tricky problems may bog minds  
    and no way is in sight  
 We stand firm shoulder to shoulder  
    and drive away the blight. -5  
 If we walk together as one  
    in life as we go  
 Awarness to enjoy, joy of life  
    is surely to follow. -6  
 We will strive hard to live in  
    united love for other  
 We will be awed in heart always  
    seeing virtues of each other. -7  
 We will fight shoulder to shoulder  
    what ever comes our way  
 Calamity, obstacles distress  
    we will drive away. -8

Marriage of bodies, ney it can't be  
 Marriage is always of hearts  
 To day we join in presence of all  
 beg blessings from bottom of hearts. -9  
 We pray for proper understanding  
 as how to be fruitful  
 We lead a balanced life, life long  
 and make marriage fruitful. -10  
 Let it dawn to us the thought  
 to use only left over  
 Give away as much we can  
 for satisfying others. -11

After singing Jeevan Vrat the next formality is of singing Sapta Padi. This ritual plays a big roll in the marriage ceremony. Marriage is not solemnised unless Saptapadi is recited. The significance or the hidden meaning of it is intended to lead the couple from the lowest rung of life-satisfying physical needs, to the highest-attaining spiritual needs.

#### SAPTAPADI

This ritual plays a big role in the marriage ceremony. Marriage is not solemnised unless Saptapadi is recited. The significance or the hidden meaning takes us from bottom upwards. The inner meaning of the Saptapadi slokas must be understood well.

#### SAPTAPADI

Bridegroom says :  
 To day got united we for  
 sustenance and growth  
 'Let us lead congenial life  
 holding hand in hand. -1

Bride says :  
 Sustenance at home to enhance  
 higher and yet higher  
 Whatever is needed for that  
 we will strive together. -2

Bridegroom says :  
 God united us to strengthen  
 efforts for wellbeing  
 Passing through the word, we will go  
 singing so enchanting. -3

Bride says :  
 Strength, splendour and vital force  
 glow always by the food  
 We will therefore keep in mind  
 to earn that precious tool. -4

Bridegroom says :  
 'Consolidate the wealth' said God  
 when bringing us together  
 Single pointed aim to be for  
 Riches to go higher. -5

Bride says :

We will suitable measures  
to increases and to ward  
The wealth we earn by honest ways  
and efforts measuring tall. -6

Bridegroom says :

To increase the happiness always  
God got us together  
Concertrated efforts will being  
results as desired. -7

Bride says :

Dropping differences for wealth  
and happiness to get swelled  
Sincere efforts we shall do to  
keep whole family well. -8

Bridegroom says:

We are united to increase  
happiness and its means  
We will cooperate to achieve  
any cost it needs. -9

Bride says :

To project culture and Dharma  
what is to be done  
We will do it with love also  
stand always as one. -10

Bridegroom says :

God united us with aim of  
Beautiful the world

We will make earnest efforts  
to make it more cultured. -11

Bride says :

Beauty is born from purity  
That's the rule of game  
We will treat with joy eachother  
as season demands its way. -12

Bridegroom says :

Walking seven steps with me  
bred friendship lovely thine  
You have be come bosom friend  
today onwards of mine  
Friends aught to please a friend  
by whatever means in life  
So shall we live together in life  
sacrifices of life. -13

Bride says :

Your have become friend to breed  
companionship at heart  
We get intermingted so much  
nothing can make us part  
We will inspire to live in love  
of any type in vain  
Thus by love unconditional  
and unlimited as well  
We will treat each other  
at par and friends as well

By this stand we gain our love  
and happiness and peace  
Let us live with hearts full of  
tranquility and Bliss.

(Note : Now the couple circumnulate  
round the Vedi four times.)

#### CIRCUMAMBULATION

The four circumambulations of Fire are symbols of Religion (duty towards God-in-man), making a livelihood, rearing a family and liberation leading eventually to Godhood, in Indian terminology called Dharma (धर्म), Artha (अर्थ), Kaama (काम) and Moksha (मोक्ष) final liberation from the rounds of birth and death leading to God. Our ancient seers kept Artha and Kaama between Dharma and Moksha, emphasizing the importance of first and fourth in preserving religion as your first duty to God and man or God-in-man. These are the four circumambulations around fire, in the presence of fire and witnessed by fire. This is the key or cardinal principle of marriage - a necessary part without which marriage is incomplete. But to the youth of today making money and carnal pleasure have become very important, none cares for religion/Dharma or Moksha-they only gossip about it, indulge in idle talk.

In the first three rounds of the fire the girl leads the boy while in the last, the boy leads the girl. Life is made up of Purusha, the soul and Prakruti, the human nature. Purusha, the soul, is man and Prakruti, the woman. In marriage Prakruti leads or remains in front, in Dharma or religion, Artha or making a living, Kaama or the rearing of the family. In the final round Purusha or the man leads his wife, remains in front. This is symbolic but very important to understand. Marriage is founded on these principles.

In marriage these are the most sacred emotions. These emotions are a help in harmonising relations between Purusha and Prakruti, soul and nature, and then understanding, realising the supreme Being, bringing Him down into your being.

All the common men of this world  
Enter this path.

What effort they make, what aspiration,  
Have they in life?

Vain is that life lived if it lacks  
Creativity or Originality.

Where there are sacrifice, penance,  
Sacredness, that is a life fully lived.

May God help us keep alive these ideals

of marriage in our hearts and lead us to a happy fruition of life-is my humble prayer to Lord.

**MANGAL BHAVANA- MANGALĀSHATAK**

(Best Wishes)

The marriage has now taken place. The last ritual is for the participants who bestow blessings and best wished to the newly wed couple for a very happy, prosperous and sustaining married life. They express it through singing together an eigh stanza prayer called Manglashtak. Shree Mota had composed seven such manglashtaks for different devotees. Any one of them is to be sung, jointly by all.

**MANGAL BHAVNA (No. 1)**

As blossoms your hearts' feelings  
so will blossom thy consciousness,  
And touching all organs and  
senses will rectify all deficiencies  
How man is transformed  
into God ! Joy so assured,  
May such God consciousness  
work in thy life only  
good and Auspicious things. - 1

This great cosmic play conceals  
within it Lord himself,  
He plays Himself with Himself,  
none knows this mystery;  
Whom the great devotees  
with efforts herculean attain,  
The lives of such saints, sages and  
men of wisdom are ever Auspicious - 2  
Who enduring his followers' sorrow,  
protects and guards their lives  
Who inspires them in life  
remaining himself invisible  
Whose love flows without a break,  
such love being divine,  
Receiving that love in life, I pray,  
may our lives be Auspicious -3  
This fire of sacrifice has  
gone on from time  
immemorial and offering  
Himself into it,  
Offering His own tribute in  
running this universe,  
Mingling and merging with all  
and in life, offering Godhood to all  
And being delighted with it all with  
love bring God into our lives - 4  
Every where variety, strange changeful  
phenomenon spreadout all-around



The invaluable opportunity  
                                   now accorded to you,  
 Make the most of it for the  
                                   wellbeing of all and joy  
                                   and delight Auspicious -3  
 Today giving up your old home  
                                   and entering a new one,  
 You and your near and dear ones  
                                   are all so full of joy,  
 May such joy be lot more even  
                                   in your new life,  
 May God's choicest blessings  
                                   be upon you most Auspicious -4  
 The creeper (Lata) may be delicate  
                                   of build yet it  
                                   endures summer's burning heat,  
 It endures heavy downpour of rain  
                                   as well as the biting cold of winter,  
 Yet ever laughing it grows higher  
                                   and spreads out its fragrance,  
 May you ever be happy emitting  
                                   this fragrance of life Auspicious -5  
 Faith and patience in sorrow,  
                                   in happiness humility,  
 A heart full of love,  
                                   large and forgiving  
 If these be in Joy and Sorrow then  
 there is peace, harmony and happiness

May you be equal visioned in  
                                   these dualities for happiness  
                                   Auspicious - 6  
 Ill health, worry and pain can  
                                   come to you in life,  
 None is exempt from these in life,  
                                   some appear happy, some are sad,  
 Not vicissitudes of life, but the  
                                   mind is the true cause of it all  
 May you preserve equanimity in all  
                                   these for happiness Auspicious - 7  
 Traversing long distances Ganga  
                                   and Kalinidi meet and unite,  
 What a holy place is the  
                                   confluence of these rivers !  
 May the two rivers of your married  
                                   life meet to unite, may, your  
                                   life be a holy pilgrimage,  
 Where dwell the couple Lata : Bride  
                                   Anil : Bridegroom may there be  
                                   only delight Auspicious - 8  
**MANGAL BHAWANA**  
**MANGLASHTAK (NO. 3)**  
 Remaining hidden from human  
                                   sight, He sports  
 and plays both in the  
                                   Gross and the Subtle,

And soul attracts kindled soul  
     with love to be one in soul and life  
 That heart's love that binds all in one,  
     (giving freely of that love mutually  
 spread far and wide  
         Joy of life Auspicious -1  
 Even as Soul and Nature mingle  
     and play in this universe,  
 Nature appears to act from the front,  
     the Soul remaining silent within  
 Yet both act together with  
     each other's support,  
 Live upto that ideal of  
     harmony in life to  
 experience delight of  
         life Auspicious -2  
 Men of wisdom too well knew  
     love is pure and ethereal,  
 To give concrete shape to that love  
     is marriage performed,  
 For the individual to rise higher to  
     the universal is the  
     purpose of marriage,  
 Keeping that aim and ideal before  
     you act and live in Joy to  
     give out Joy Auspicious -3  
 What ever vicissitudes befall you  
     are all for thy soul's  
     evolution towards God,

Using your life's energy for this  
     purpose to attain thy goal  
 Never measure life with material  
     accumulation or possession  
 Live out thy life thus Know these are  
     God's gifts for thy evolution-4  
 Life has been given you not without  
     any meaning or purpose  
 Give to others greater importance  
     than to thy little self  
 What Joy is there in life  
     lived for thy self alone?  
 Renouncing self the flower  
     of life Blossoms  
 Automatically to shed its  
     perfume all around -5  
 Renouncing self the flower of life  
     Blossoms and sheds its  
     perfume all around  
 Whatever comes to thee in life  
     enjoy never alone  
     but with love share with others.  
 Higher culture is never got from birth  
     but acquired only by right living  
 Living thus a nobler life experience  
     Joy of life Auspicious -6  
 Great transformations flow from the  
     sacred element of love.



Bless this Couple O Lord, with all  
    Thy Heart of Love -4  
 Faith and patience in sorrow,  
    and in Joy humility,  
 And your heart large with love  
    full of forgiveness,  
 Then evolving through joy and  
    sorrow peace you attain,  
 May you ever have this before  
    your mind's eye  
    together joy to attain Auspicious. -5  
 The relationship established in your  
    heart maintain your life through,  
 Loving each other at heart learn to  
    forgo for the other half,  
 Give greater importance to  
    the other with love,  
 Endure for each other without a  
    feeling of regret -6  
 Maintain harmony and rhythm  
    in life to attain goodness of life,  
 Though separate be one at  
    heart to attain perfection,  
 This world is created only to attain  
 oneness, life on earth is meant for that,  
 Maintaining a living awareness  
    of this life's

purpose taste life's  
    delight Auspicious -7  
 Kindle a spark of oneness and light  
    the flame of love in the heart,  
 Keep the fire of sacrifice alive offering  
    oblations at every moment to it  
 Transform lower, base tendencies  
    into nobler virtues,  
 May the heart of the couple  
    unite as one so joy may  
 flow in their lives together

Auspicious -8

**MANGAL BHAWANA (NO. 5)**

In man's married life what a deep  
    significance resides,  
 Through the dual to attain oneness  
    and then together living in joy,  
 Living out life's true purpose it is  
 possible, To witness, enjoy,  
    experience joy of life,  
 beholding the Play of  
    Divine Auspicious -1  
 To bring about that awareness true  
    in life is this union of life.  
 The two minds merging as one  
    everywhere in this world,  
 For this alone is Lord's creation  
    everywhere in this universe

May this purpose of creation be ever  
     awake in your heart Auspicious -2  
 But that is not easy to achieve,  
     new hurdles spring up in life.  
 To find that mutual love humility and  
     self sacrifice are inevitable.  
 That is the great penance,  
     fire of sacrifice, for  
     attaining unalloyed peace  
 May Lord's blessings be upon  
     you in this life  
     together of penance Auspicious -3  
 Pain, Sorrow and affliction is one's  
     lot in life, a little less or more,  
 None can be free of this wholly,  
     some appear glad, some others sad,  
 Not circumstances of life, but the  
     mind is the cause of it all,  
 May your mind ever understand this  
     to experience joy Auspicious -4  
 Just as Nature and Soul coming  
     together sport in this world,  
 Nature appears to act from the front,  
     the silent sanctioning Soul inactive,  
 Yet both act together  
     with each other's consent  
 Know this truth of life to experience  
     joy of life Auspicious -5

The best declared life is  
     of the householder,  
 What a meeting ground  
     of coming together and  
     parting and changes in life,  
 The opportunity accorded  
     you today  
 Make the best use of it to work  
     the well being of all Auspicious -6  
 Keep that ideal always in your heart,  
     if you can live together in harmony,  
 Experiencing and sharing mutually  
     that love you will know  
     what true love is  
 To attain that goal, if sorrow comes  
     to you, and if your heart is firm set  
 An determined then Lord's blessings  
     will only create delight Auspicious -7  
 True life in togetherness which to realise  
 You have taken seven steps hand in  
     hand in the presence of the Divine  
 Offering mutual help and  
     cooperation in each  
     other's duties and responsibilities  
 I pray to Lord for joy Auspicious in  
     the couple's life together -8

**MANGAL BHAWANA (NO. 6)**

In this universe, in a grain of sand  
smaller than atom dwells  
the Consciousness of the  
Lord of the Universe,  
But it is hidden from the mortal  
sight and assumes  
many forms with different  
stages of evolution  
Invisible to the world, the world views  
these quite differently,  
May that Universal Consciousness  
work for the  
good Auspicious of the duo -1  
He who created in this world the  
vegetation-green,  
animal and man, created variety  
for his sport,  
Yet just as flowers are tied together  
in a garland,  
He ties all together Thus with love,  
May that consciousness work  
delight Auspicious in you both -2  
To be joined as one gives  
Him so much joy for ever,  
To manifest after union as one is the  
purpose of life's consciousness,

So has He inspired the birds,  
animals and men to  
move towards oneness  
May God's purpose be fulfilled  
in your life for  
delight of life Auspicious -3  
Whatever sorrow befalls but,  
if understanding  
The deeper purpose of union  
in life one endures all,  
then one reaps peace of heart,  
He manifests in a greater measure  
that higher consciousness  
So live thy life and manifest  
that consciousness Auspicious -4  
He/She whose hand you  
have held and offered  
in return to hold in the presence of  
all assembled here and the sacred fire  
To be one with him or her  
and live in joy  
And to dedicate your life to  
God for your partner in life  
Living such a life there is nothing  
but only Auspiciousness -5  
May the hand of God  
reaching out everywhere

where circumstances are advers  
                   He extends that helping  
                                   hand by his Grace,  
 If your love is deep and true then  
                   God's grace works in your life,  
 That is your life's true asset may  
                                   such grace grow  
                   in your life to make it Auspicious -6  
 His devotion to Sri Rama always flamed  
                                   freely from the heart,  
 Who did not accept the royally,  
   grandeur of  
 Kingship, though living in a palace  
                   Such Let Bharat's Blessings be upon  
 you to create Auspiciousness  
   in your life -7  
 One who shines bright  
                                   through a red glow  
 flooding the world with  
                                   wonderous light  
 Through whom the world awakes  
                                   to consciousness  
 Offering that consciousness whole  
                                   to Bharata be you blessed  
 And may you be worthy of your  
                                   name Aruna, may  
   you be truly blessed -8

**MANGAL BHAWANA (No. 7)**  
 Before these was neither 'Asat'  
                   nor was there 'Sat' yet both were  
 Brought into existence by  
                                   'Brahman' which was  
 the truth discovered by  
   the ancient Rishis.  
 Thereafter was naturally born  
                   'Maya' the power of Lord's creation.  
 So 1 first bow to the great first  
   created duo-  
   Brahman and Maya -1  
 With this world's creation were  
                                   brought into Being the dual  
 energy of all manifestation  
   what a great wonder !  
 The great duo are above and  
   beyond all Time space  
 They are beyond all limited  
                                   understanding of finite intelligence  
 They are a divine pair and 1 bow to  
   them from my heart. -2  
 This world was created in pairs,  
                                   God and the world,  
 Shiva and his consort Shakti,  
                                   Laxmi and her spouse Vishnu  
 Oblation and Fire, Being and  
   Non-being, Lord and

his Light, Birth and Death, Body  
     and Mind, the Gross and Subtle,  
 May such pairs eternal,  
     bless this couple marrying  
         with joy Auspicious -3  
 What a grand sport dost Thou play  
         O Lord of Life  
     and Death, incomprehensible.  
 Where ever two are seen,  
     hidden behind them is  
     unity of oneness of life in diversity,  
 The sacret essence hidden from  
     view, pervading everywhere  
 Only a microscopic minority  
     discoverers this Truth,  
 Yet consciously or unconsciously  
     all try in their own limited  
     way to Know that Truth -4  
 After going through varied experiences  
     when two souls unite in life,  
 Then enjoying their experiences  
     they move towards unity of life,  
 Their life together is only a penance  
     But through selfless love it is a  
         higher and more  
     intense penance Auspicious -5  
 If a woman can renounce her  
     all for her beloved,

And if she can lose  
     herself in his interest  
 Her life is great, truly blessed is herself  
     giving for it is a power in itself,  
 May you be endowed with  
         the power of  
         Motherhood so fragrant -6  
 If any suffering come to you in  
     securing that love,  
 Enduring and loving is the art so  
     natural in a woman, inborn.  
 May you experience that secret  
     power of Womanhood within you,  
 Thus may you work Thy good  
     and thy beloved's too -7  
 To long for love from others is  
     a wrong approach,  
 Like a fountain it sprouts and  
     is self existent and self contained,  
 The joy you will get from your  
     life mate will so  
 out weigh all other joys that they  
     appear as worthless to you,  
 May you have such fragrant  
     love in your heart  
 always is my prayer to my  
         Beloved Lord. -8

## SECTION : 2

The section includes prayers for the following ceremonies :

- (1) Foundation stone laying ceremony.
- (2) Vastu - House warming ceremony.
- (3) A Prayer while entering new home.
- (4) Sacred Thread Ceremony.
- (5) Admitting a child to school.

## PRAYER FOR IGNITING THE FIRE

Fire is visible Energy behold it,  
spreads light all around.  
Fire purifies the things touched by  
and holiness also abounds. -1  
Flame of Fire, of love, rise higher  
prompting us, do some  
Keeping goal higher, in heart still higher  
keep striving is the game. -2  
Igniting power as mighty as fire  
needs efforts unmitigated  
Worshiping Fire of intensity dire  
get life of you be related. -3  
Need other fire, to kindle your fire  
that is the rule of game  
Dilligent search will lead you these  
Sadhna is its name. -4  
Efforts are needed to kindle the fire  
Sadhna works same way  
If dies down, light it again  
Don't leave it half way  
In quisitiveness will lead you these  
to the gates of consciousness  
Enter with might with your due right  
don't rest, have first success. -5  
To settle down well, in life as well  
with devotion 1 light the fire

In presence of you, to day as I do  
Pray wish good luck O! Sire  
Pray bless me now O! Sire  
Pray grace you love O! Sire

### LAYING THE FOUNDATION STONE

#### List of Articles required

- (1) Five types of Gems :  
Diamond, Emerald, Ruby, Sapphire, Pearl
- (2) Seven types of metals :  
Gold, Silver, Copper, Brass, Iron, Tin and Aluminium
- (3) Seven types of grains :  
Wheat, Rice, (with husks) Millet (bajra)  
Black Gram (Adad), Green Gram (Mog)  
White Gram (Math), Barley (Jav).
- (4) A pit of 24" x 24" x 24" or if it is a cistern 30" x 30" x 30"
- (5) Books with God's names handwritten, prayer books to Mother Earth [Get these from Ashram].
- (6) Betal Leaves 10, betal nuts 10, white and yellow thread (nādāchadi), Rice, wet, Vermillion Sandal Wood, Panchamrit-mixture of milk, curd, sugar, honey, ghee; jaggery and coriander seeds, some flowers and one lamp with wick and ghee.

- (7) Copper Coins without holes, spade, three small benches (Patla), three small cotton mats/carpets (Aasan).
- (8) Unburnt Bricks-five nos.
- (9) A small earthen pot with lid and a small cloth to tie round the opening. (Matli)
- (10) 2 buckets of water to pour into the pit to be dug in the earth, 2 napkins and some dug out earth.
- (11) A large canopy so that many visitors can sit underneath and if the attendance is large, arrange for a loud speaker.

Note : The photo of Rev. Shree Mota to be kept in a chair facing South. Two Patla to sit facing East.

### ACTUAL CEREMONY OF LAYING THE FOUNDATION STONE

- (1) Om Kesavay Namah, Om Narayanay Namah, Om Madhavay Namah-with this mantra, take a little water in your right hand and drink it gently and after Om Govinday Namah wash your hands.
- (2) Om Bhumiya Namah - pour a little panchamrit into the pit.  
Om Bhumiya Namah-sprinkle a few drops of sandal water.

Om Bhumiya Namah-apply wet vermilion as a dot to the pit (kumkum tilak).

Om Bhumiya Namah-scatter a few rice grains into the pit.

Om Bhumiya Namah-scatter a few flowers into the pit.

- (3) Put a few books with God's names and a prayer book into the earthen pot. Thereafter ask the relatives present to put the various grains into the pot.
- (4) Thereafter ask the main person, the house holder to place the seven metals and five gems in the pot.
- (5) After that draw a swastika on the betel leaves, place the betel nuts on them, after placing vermilion, rice grains and flowers on them offer worship to Lord Ganesh, then place all that in the pot. Then a lady should carry the pot on her head and place it in the pit.
- (6) Then light the lamp, put it in the pot, close the lid of the pot. Thereafter place five bricks over the pot in the formation 2+1+2. Then tie the yellow and red thread over the pot and bricks. All those present should fill the pit with loose earth.

Thereafter the vastu ritual is to be performed.

### **PRAYER TO MOTHER EARTH**

Mother Earth, all the people of the  
world are born through Thee,  
Mother Earth, We live our lives  
desiring our wellbeing,  
Mother Earth, how full and  
rich have you made our lives,  
Mother Earth, take us into Thy fold  
and keep us safe in Thy Earthen bed.  
Mother Earth, we adore Thee and  
bow to thee again and again  
Mother Earth, we pray unto Thee from  
the heart "Keep us on the path, with love".  
I have wronged/hurt Thee by the  
innumerable touches of my feet.  
I have trampled under my feet to  
Thee, yet you never were angry.  
Giving you just a grain,  
you return to us manifold times.  
So, generous Thou Mother,  
ever nurture and rear us with love,  
We live by Thee, yet we  
never remember Thee,





Working hard all the time what grace  
     is it to meet with this success?  
 We bow to you a million  
     times to forgive us wholly  
 Whatever we have done knowingly  
     or unknowingly, Lord  
 Forget and forgive and turn our  
     weak human nature to Divine  
 Nothing seems to be attractive  
     in your shop tough and tall  
 But who dares to climb its steps  
     shall get desired all.  
 Million struggles, inapt to give  
     the precious thing of all.  
 Can be had with grace from you  
     I bow with hearty call.

## **VASTU OR GRUHA PRAVESH**

### **House Warming Ceremony**

#### **List of Articles required**

- (1) Fire pit-16" x 16" x 16" inlaid with white washed bricks or a metal vedi of same inside dimensions.
- (2) Small fire sticks of wood, about five kgs or so, not longer than 10".
- (3) 12 pieces of Camphor.
- (4) Ghee 125 grams, in liquid form, cow ghee preferable.
- (5) One Match box, one local hand fan.
- (6) Sesame seeds, 100 grams, Barley 100 grams (Jav) (In case the house is haunted, use black sesame).
- (7) One coconut with fibres but with water inside.
- (8) Long cotton wicks dipped in ghee, 10
- (9) Sofa, Chair with handle for Shri Mota.
- (10) Rice grains, Vermillion, Red and Yellow thread (Nādāchhadi), betel leaves 10, betel nuts 10.
- (11) A little sandal wood paste, four low stools (Patla), One grland of beads, 109 beads.
- (12) Flowers, coriandel seeds, jaggery, cotton carpets 4 for placing on low stools (patla),

- (13) To recollect seven generations of fore fathers -write them on a piece of paper. Prayer for igniting fire, oblation mantra to be chanted after remembering each ancestor, Griha Pravesh -House Warming prayers. Aarti-(Books to be procured from Hari Om Ashram).
- (14) Open cup (vatko) and spoon for ghee.
- (15) Wet kum-kum or vermilion.
- (16) A large Tray, (Thali)
- (17) One big lota or jug of water - 2 napkins,
- (18) One stick [of Arani or Samadi tree] about a foot high for sticking into the ground tied with Red, Yellow, White thread,
- (19) The officiating priest's bench facing south, the house owners' facing east,
- (20) Ten types of totally dry wood-
  - (1) Samadi-Khijado      (2) Peepel
  - (3) Mango tree          (4) Arani
  - (5) Aakdo (Calotropis) (6) Aghedo
  - (7) Pendula              (8) Oomardo
  - (9) Khakhro             (10) Darbh-Dharo
- (21) Cow dung cakes (dried) about 2 kgs. In south east direction plant the stick of Arani mentioned in (18) and Mindhal fruit. There should be minimum smoke, use small dry sticks for fire.

### SOME INSTRUCTIONS

- (1) Acharya's seat should be south facing,
- (2) The householder's seat should be east facing. Others should sit around them facing the Acharya,
- (3) Apply vermilion to Acharya's forehead,
- (4) The others who sit with the householder should apply vermilion on each others' forehead and tie the sacred red and yellow thread on wrists of their right hand,
- 5) Place betel leaves and nuts on the fire pit, invoke the presence of Lord Ganesh or Ganapati. Then worship him with vermilion, rice and flowers,
- (6) Offer worship to the fire pit,
- (7) Place cow dung dry cakes in the vedi and remembering 7 ancestors place seven wicks in the vedi,
- (8) Prayer to fire (To sing together)
- (9) Prayer to ancestors-forefathers, (To sing together)
- (10) The purpose of vastu's sacrificial fire, (To sing together)
- (11) 108 + 1 for the centre head-total 109 oblations to be offered. Some one can keep count with the garland of beads, (Rosary)

- (12) Sing Pooranhuti Mantra 21 times first.  
Thereafter offer coconut in oblation.  
Place dried cow dung cakes on it.
- (13) Prayer for vastu or throwing open the  
premises, then opening ceremony or  
entering the house ceremony.
- (14) Alter all this, distribute Jaggery and  
Coriandel seeds.

#### OFFERING OBLATIONS

At the end of this Yagna

I offer you whatever  
Urge you to accept it and give  
Peace-wellbeing for ever.

(uttering this mantra 21 times offer  
coconut to Fire God and utter the prayer  
given below)

After offering the coconut in the vedi, sing  
the following prayer-couplet and then the  
Family's prayer.

Free us off evils, we pray  
from the bottom of our hearts  
Obliations to thee O ! Hari  
Be steadfast in our hearts.

#### FAMILY'S DAILY PRAYER

(This prayer is also offered at the time of  
vastu or house warming ceremony)  
Lord ! The'knower of All,  
Lord the giver of All,

Lord ! The doer of world deeds,  
again Thou, the  
protector of this world  
Lord ! Thou the giver  
of all strength  
Pray do come and dwell  
in this our home. -1  
Having dreamed and worked so hard,  
Having thought and planned  
how to give it shape,  
We so assiduously have done all this,  
Now condescend by Thy Grace  
to enter this our home. -2  
Lord ! May Thy will prevail everywhere,  
May only Thy desire ever work here,  
May Thy vibrations spread all around.  
Thus make us truly blessed for ever. -3  
In our home may Thy Lamp of Love,  
Ever shine on us brightly, O Sire,  
May every nook and  
corner be fully illumined,  
By its presence dispel all ignorance. -4  
Let our home be full of harmony,  
unity and grace.  
And happiness, plenty and ease, O sire,  
Let our home give out to all,  
A spark of delight and joy. -5



**A PRAYER WHILE ENTERING YOUR NEW HOME**

May you inspire only good  
and auspicious in your home,  
May peace and joy dwell  
in your home,  
May new consciousness  
come about in your home  
May only Soul's well being  
be in your home.  
Lighting Lord's Lamp of  
Love so wonderful  
May you radiate divine joy, all around.  
May the darkness of your ego and pride  
Be dispelled by the Lord's Light of Love.

**CEREMONY FOR INVESTITURE OF SACRED THREAD FOR YOUNG BOYS**

All articles needed for a marriage are used here except the fruit mindhal; a danda or stick and a piece of cloth for the little boy. A small packet tied to the top of the stick containing a book and a laddu or a ball of wheat flour. Note : The head of Batook should be shaven clean. One bunch of his hair to be hung at the highest spot inside the house.

**OFFERING OBLATIONS WITH MANTRA**

We pray from our hearts  
May our mind, intelligence, chitta  
and pran be purified  
We offer oblations with this motive  
May our heart be at peace.

**PARENTS' CALL TO THE CHILD TO AWAKEN TO NEW LIFE**

We reared you so may you  
tread a new path in life  
We now release you so you may  
learn a new art of living.-6  
To learn, acquire knowledge  
and training,  
You are now entering a new  
path shown by Guru.-7  
'One who is not alert awake gets  
nothing worthwhile'  
To thus prepare thee in life  
is this beautiful function arranged.-8  
Ever dedicated and assiduous  
to be in thy undertaking  
Be awake always at heart, keeping  
thy aim before thee.-9  
Work is neither big nor small,  
but to keep alive  
The urge to do it perfectly is of  
utmost importance.-10



**HINTS TO THE CHILD INVESTED  
WITH THE SACRED THREAD**

The end of childhood marks  
a new phase in his life,  
For learning it is the best period  
in his life.-24

The importance of this ceremony  
of investiture is so great in life,  
It is not a unit of threads alone,  
but a symbol of Truth.-25

In these three threads is contained  
the whole Universe,  
To inspire thee with this knowledge  
and set you free is its purpose.-26

Birth, life and death is  
the cycle in eternity  
To awaken you to this slavery  
is this ceremony.-27

To be born to some parents,  
to become parents in your turn  
To be free of this blindness of life  
enter into this knowledge.-28

The sun shines only to  
illumine this world  
So may the Lord make thy intelligence,  
pure, refined, subtle and bright.-29

Thou doth encompasseth the whole  
universe and earth and make it visible

Teach, guide him who is ripe  
to turn to Thee.-30

'He gives Light that is Knowledge',  
to acquire that  
We take large strides with zeal  
along the path.-31

This ceremony is truly a  
principle of knowledge,  
Always to keep you alert it acts  
as a great sacrificial fire on thy way.-32

Dedication, enthusiasm, eagerness,  
courage, strength and bravery,  
For cultivation of these virtues is  
a regular activity of thy study.-33

This ceremony is to equip  
your life with means true,  
The aim of this investure is to  
master this sea of knowledge.-34

Peace, solitude, concentration,  
atmosphere  
harmonious conducive to progress,  
Inspiring our hearts deeply, all prod  
us on to a herculean effort.-35

This sacrificial fire is to make us  
more bright, intelligent,  
Without intelligence enlightened  
knowledge can never be got.-36

That which liberates  
                                 us is true knowledge,  
 To get at that knowledge  
                                 take strides with longing.-37  
 Without respectful humility manifesting,  
 Knowledge never sprouts within,  
                                 we learn from this sacrifice.-38  
 The long stick we hold is  
                                 necessary in this world,  
 This stick is just a symbol of  
                                 knowledge to be acquired.-39

**OFFERING OBLATIONS WITH MANTRA**

We pray from out heart may our  
                                 mind intelligence,  
 Chitta and Pran be purified,  
 We offer oblations with this motive  
                                 may our heart at peace.

**WHILE ADMITTING A CHILD  
 TO SCHOOL**

This ceremony can be done at the time  
 of thread ceremony or even separately on the  
 child's admission to school.

**PRAYER FOR IGNITING THE FIRE**

Fire is visible Energy behold it,  
                                 spreads light all around.  
 Fire purifies the things touched by  
                                 and holiness also abounds. -1

Flame of Fire, of love, rise higher  
                                 prompting us, do some  
 Keeping goal higher, in heart still higher  
                                 keep striving is the game. -2  
 Igniting power as mighty as fire  
                                 needs efforts unmitigated  
 Worshiping Fire of intensity dire  
                                 get life of you be related. -3  
 Need other fire, to kindle your fire  
                                 that is the rule of game  
 Dilligent search will lead you these  
                                 Sadhna is its name. -4  
 Efforts are needed to kindle the fire  
                                 Sadhna works same way  
 If dies down, light it again  
                                 Don't leave it half way  
 In quisitiveness will lead you these  
                                 to the gates of consciousness  
 Enter with might with your due right  
                                 don't rest, have first success. -5  
 To settle down well, in life as well  
                                 with devotion 1 light the fire  
 In presence of you, to day as I do  
                                 Pray wish good luch O! Sire  
 Pray bless me now O! Sire  
                                 Pray grace you love O! Sire

### MANTRA OF OBLATION OFFERING

We pray from our heart  
for purification of life  
Mind intelligence, chitta and pran  
With this aim we offer oblations,  
May our heart be at peace.

(After this place some colourful grains of  
rice and sandal paste on the tonsured head  
of the child-at the spot of the small pigtail.)

### EDUCATION-HUMAN VALUES-CULTURE CREATING RITUAL

Virtue and Goodness derive their  
prime force from culture  
How men's beings are moulded  
by culture.-1  
Culture depends not merely  
on individuals  
Its main support is in the of  
society's thought expanse.-2  
The child's moral fibre comes  
from his heritage, birth  
From its nurture, breed and  
upbringing.-3  
Infusing virtue and morality  
is a great sacrificial duty  
But no one is conscious about  
its sacred importance.-4

The child learns by contact and learning  
Contact with different beings  
teaches him different things.-5  
Thus is his learning acquired  
To teach what is best for his  
training and his moulding  
A living awareness in his tutors  
alone can alone achieve this faithfully.-6  
Beautiful and great culture aspire  
to implant in him  
Behave with child with all love for him.-7  
How the child follows  
you in every way !  
His behaviour is moulded by  
whatever he observes.-8  
The child's character is  
formed even while in the womb  
Yet it becomes active only on  
world's contact and impact on him.-9  
So if you desire at heart to impart  
a particular quality to the child  
Then create for the child the pure  
atmosphere conducive to that quality.-10  
Never command nor order the  
child to do anything  
Nor prick him nor find fault  
with him for anything.-11  
How great is the child's grasping power

He imbibes without our knowing all  
our qualities good and bad.-12  
He learns from us many  
undesirable qualities  
We have no knowledge of  
anykind in this regard.-13  
Our child should be the best  
in every way in this world'  
We desire so much, yet our  
behaviour undoes our desire.-14  
The child absorbs all our being's  
thoughts thoroughly  
Knowing this well we should regulate  
our behaviour accordingly.-15  
Who acquires skill in the art of child's  
education to mould his being  
He truly reaps great benefit in life.-16  
A child is a great gift of God's love  
None has a right to spoil  
or ruin his life.-17  
But some parents pamper  
their children's false pride  
And pelting them abnormally  
they unduly enjoy themselves.-18  
The future of this entire country  
is in our hands  
The country will become what  
the child will be in future.-19

Childhood is the foundation  
of the whole life  
We should know therefore the care  
we should take for children.-20  
How much importance we  
give to various aspects of  
this great work will determine  
The quantum, of the child's progress. -21  
If you desire whatever qualities  
he should imbibe  
Teach the child to live  
and act those qualities.-22  
The child is cast in our nature in life  
What we are in life the child  
is its living image.-23  
What you desire the child to do in life  
By living that yourself be a  
living example to him.-24  
Like a blotter sucking out ink,  
the child sucks all  
Yet no one is aware of  
how he does that all.-25  
The behaviour a child observes in life  
Sends its own signals of culture  
automatically into his being.-26  
Fulfil child's requests,  
with love in every way





Fill our life with energy to fulfill  
   our life's allotted duty.  
 Inadvertantly even let not  
   lethargy invade our heart. -3  
 Let our lives pass in  
   hard work and efforts  
 May those who are related  
   to us in business be happy. -4  
 May you fill our allotted work  
   with transparency of heart  
 And may we always remember  
   you, Lord deep in our heart. -5

#### INAUGURATION OF NEW BUSINESS

Without prosperity there  
   can be no progress  
 For this country to rise,  
   prosperity is necessary. -1  
 Prosperity cannot come about by itself,  
 dilligence and hard work are the  
 necessary means for attaining prosperity. -2  
 Many types of business and  
   techniques, methods of working  
 Alone bring prosperity, therefore  
   work for it with full heart. -3  
 Where obstacles and hurdles crop up

Show courage and move  
   forward cautiously. -4  
 May the God's Power  
   pervade in this interprise  
 May the flow of Thy Grace  
   flow abundantly here O ! God. -5  
 May this business grow,  
   blossom and spread everywhere  
 Sweet fruits of this business  
   reach all in the world. -6  
 May those involved in the  
   woking of this business  
 Show dedication, zeal and  
   hard work in its working. -7  
 This business activity is for  
   this country's prosperity  
 May a living feeling of this awake  
   in them and inspire them. -8  
 In and through this business may  
   prosperity of every sort come to all,  
 From universal point of view  
   this prosperity belongs to all. -9  
 There shall be no narrow throught  
   that it belongs only to a few,  
 May such a prayerful feeling of  
   universal sharing prevail in them -10

**INAUGURATION OF A MACHINERY OR A  
FACTORY**

By the power of God's  
Grace these various  
Types of business, industry,  
trade, function in this world. -1  
Life's and other allied activities  
that are in this world  
Go on automatically, So maintain  
and look after this venture of yours. -2  
May the Divine Force work  
in your new venture I pray  
May you even be aware of His Hand  
at work in your venture. -3  
There is no way other than work,  
work is the only means,  
Awaken suitable skill in them  
of work in all the fields. -4  
Work is Cornucopia, the horn  
of plenty, the wish fulfilling tree,  
Work is power, the inner  
force of our being. -5  
In this country's every field  
of work of every type  
is productivity of the best type ever. -6  
To produce more a  
conducive atmosphere

Must be created, having this  
before your mind's eye. -7  
Whatever your motive, whatever  
your aim in your work  
Whatever awareness you have, work  
with dedication, zeal in your work. -8  
If other such good qualities be in  
your work or abound in it  
There is no factor like work in  
your life's success. -9  
Whose heart and soul are in work,  
whose whole attention is in work,  
Whose whole aim is in work,  
unto him work is indeed a power.-10  
One who is faithful to his work  
Unto him work is a divine  
Power in essence.-11  
If one's heart is deeply  
engrossed in his work  
What a return does work give  
in due proportion.-12  
Today the country has forgotten,  
lost knowledge of Yoga of works  
That is the cause of this  
country's present miserable plight.-13  
Today through this inauguration  
work I pray God  
Awaken our countrymen to the  
need of right work in life.-14

### LAXMI POOJA ON DIWALI DAY

Wealth wisely used for good of all  
Becomes a Great Power for good  
To awaken you to this truth  
Is this ceremony of wealth worship  
(Lakshmi Pooja)  
Wealth used religiously awakens  
Intelligence  
And invoking culture brings happiness.  
That wealth that confers lasting happiness,  
Prosperity and affluence in a good  
measure  
May it be your major aim in life  
To Brighten your life with such wealth  
To reconcile and harmonise the use of  
wealth  
For self as well as for the Divine  
Has this wealth been conferred on you,  
use it wisely therefore.

### THE FEELING TO BE KEPT AT HEART AT THE BEGINNING OF A NEW VENTURE

May that power by means of which  
we earn our living in this world  
Combine our material wealth  
with spiritual advancement. -1  
Whatever happens in this world is  
due entirely to Lord's Power  
Intelligence-cum-Skill is that power

that works for us, which again comes  
from the Lord. -2  
Whatever skill or aptitude we use  
in our daily life practically  
Comes from our Lord, and whatever  
we desire is not fulfilled wholly. -3  
In everything there is one Lord,  
Perfect and Potent in every way,  
Keeping Him always in your heart  
do thy allotted work. -4  
In your daily bread winning activity  
that goes on all over the world,  
Pray to the Lord for His help,  
calling down His Power into it. -5  
In every thing you do keep  
Him ever in your heart,  
And give importance to your Lord in  
each and every thing in your life. -6  
The Lord does all through you, keeping  
this firmly fixed in your heart,  
Keep dissolving thy separate ego,  
it will benefit you greatly. -7  
Our cleverness does not help  
us every moment,  
Knowing this in your heart awaken  
your awareness of the Lord within. -8  
All works through His Power, therefore

performing penance for that power  
With devotion sincere work  
in this world always. -9  
Give us the vision of integrity  
and purpose in life,  
In our daily life, purity, give us  
the intelligence to guide us aright.-10  
Let no injustice be done to  
any even inadvertantly by us,  
'May good be to all' our intelligence  
should inspire us to act thus.-11  
Let us pray for His Power in our  
daily bread winning activity,  
May Your Grace and Blessings  
be ever upon us in our hearts.-12

## SECTION : 4

This section contains prayers for :

- (1) To the fire
- (2) To be free of all undesirable elements
- (3) To increase peace of mind
- (4) To be free of all discords
- (5) To remove all obstackes
- (6) For completion of duties undertaken
- (7) For the acavision of Good
- (8) For the acavision of merits
- (9) For welbeing of all
- (10) For peace and harmony
- (11) Final oblations
- (12) Yagna Mangal Bhavna

### **PRAYER TO THE FIRE**

We light this Fire of self within  
with all reverence  
We pray unto Thee O Lord help us  
light this Fire  
We pray from our heart may  
our mind, intelligence, chitta,  
vital force be wholly purified  
With that aim we offer oblations  
to Thee, accept it and gladden our hearts

### **PRAYER WHILE OFFERING OBLATIONS TO BE FREE OF ALL UNDESIRABLE ELEMENTS**

To become free of hostile elements  
deep from our heart  
We pray and offer this  
oblation remembering the Lord. -1

### **TO INCREASE PEACE OF MIND IN LIFE**

For establishing peace in life and  
removing all undesirable elements  
We offer oblations to turn our  
hearts to your Holy Feet. -2

### **FOR GENERATING AMITY**

In this house, let every one have  
amity, peace and joy,  
We give oblations with prayers to  
grace your love so pure. -3  
We pray also all the hearts be  
full of amity  
We give oblations with prayers  
to get your divinity. 4

### **TO BE FREE OF ALL OBSTACLES**

To be free of all obstacles, hurdles  
and obtain peace and well being  
We offer oblations so we may  
turn to Thee in heart. -5  
For all difficulties and obstacles  
that come to us, with Thy Grace  
We pray from our heart and  
offer tributes to Thee for Thy help. -6

### **TO REMOVE ALL OBSTACLES**

For the well being of all,  
we all come together,  
To earn peace and happiness, in this  
fire of sacrifice we offer oblations. -7

**FOR COMPLETION OF DUTIES  
UNDERTAKEN**

For the benefit of all for the  
completion of all work  
undertaken, praying from our heart,  
we offer these oblations. -8

**FOR THE ACQUISITION OF GOOD**

For acquiring what is for our good,  
to be free of all doubts,  
We offer these oblations with reverence  
Lord, Accept it for goodness' sake. -9

**FOR ACQUISITION OF MERITS**

For doing our duties in this world  
and to live out our life as a sacrifice  
We offer oblations with heart felt  
prayer to acquire spiritual merits.-10

**FOR WELL BEING OF ALL OF US**

May we all fare well in life  
through Thy Grace  
May good befall all we desire,  
offering prayers and tributes to Thee.-11

**FOR PEACE AND HARMONY**

May peace, harmony and joy  
all dwell in this home,  
Praying with our whole being  
we offer tributes to Thee.-12

**FINAL OBLATIONS**

At the end of this  
sacrificial fire ceremony,  
from our heart we pray to Thee, let  
us be true and faithful to all and to Thee.  
At the end of this ceremony  
desiring peace and well being of all  
We offer with deep love this oblation  
and pray accept it for good of all.

**YAGNA MANGAL BHAWANA**

For ages has this fire of self-  
sacrifice been eternally burning,  
In which Lord offering  
tribute to Thyself from  
heart Thou dost keep it alive,  
ever burning,  
Mingling, merging with all, offering  
oblations to this fire of self sacrifice,  
Thou dost work the well  
being of all Auspicious. -1  
Through One and Undivided,  
Thou art yet many,  
appealing in different forms,  
Then offering Thyself into this sacred  
Fire in the form of the Flame,

The Flame appearing as  
     many is in reality only One,  
 Thou Lord of this Sacrificial  
     Fire as this Fire, may  
 you bless all with  
     Thy Auspiciousness. -2  
 Just as blossoms your heart's  
     feeling so does  
     blossom your inner consciousness,  
 And touching all parts of your  
     being, fills up all your deficiencies,  
 How that transforms man into  
     God, bringing, delight in its wake !  
 Thou Lord of this sacrificial Fire,  
     as this sacrificial  
 Fire, may you bless all  
     with Thy Auspiciousness. -3  
 Every where one beholds strange variety,  
     novelty spread far and wide,  
 How frightening is this  
     diversity so jarring and incongruous,  
     Hill of disharmony,  
 Yet at the root of it all  
     is this rich harmony,  
 Thou Lord of this Sacrificial  
     Fire, as this

Sacrificial Fire, may you bless us all  
     with Thy Auspiciousness. -4  
 This sport of the Lord, outwardly  
     though wholly  
     unmanifest, yet hidden deep within,  
 Himself playing by Himself with  
     Himself, none knows this mystery.  
 Whom the great Sages with  
     deep devotion and  
 Herculean Penance and effort attain.  
 Thou Lord of this Sacrifice as  
     this Sacrifice Bless  
     all with Thy Auspiciousness. -5  
 Who Himself offering Himself  
     as oblation to this Sacrificial Fire,  
 Assuming many different Forms,  
     yet Thou art One Lord.  
 Thou art truly real and tangible,  
     yet none cares to  
 know you, O Lord what a  
     strange delusion, Maya !  
 Thou Lord of this Sacrificial Fire, as this  
 Sacrificial Fire bless bless us all with  
     Thy Auspiciousness. -6



**1. PRAYING FOR THE CHILD IN  
MOTHER'S WOMB**

We pray Lord do protect well this child  
enveloped in the mother's womb  
That only what is good  
for him truly may visit him,  
I offer this oblation with my  
heartfelt prayer

**2. ON THE YOUNG CHILD'S  
BIRTHDAY**

On this child's auspicious birthday  
I pray bowing at Lord's Feet  
Bless this child with Thy Love true  
And inspire him to tread  
the path of selfless Love.

**3. PRAYER FOR YOUR BIRTHDAY**

This birthday consider to be  
your new birth to acquire  
Lord's Divine Love and make it  
work in your life,  
This gross body was not given  
without any meaning,  
May this awareness ever be in  
your heart pray to your Lord

**4. GOODWISHES TO BROTHER AND  
SISTER ON BHAI BEEJ - THIRD DAY  
AFTER DIWALI**

Joining the hearts of brother  
and sister auspiciously  
Today the joyous day dawns of  
auspicious well being in their hearts  
Selfless support of brother  
and sister for each other  
Becomes a strong powerful  
tie of love, may their  
lives be kept eternally safe  
and happy. -1  
Bhai Beej signifying pure  
and sweet love of sister  
Awakens the heart, heightening  
and increasing love,  
May you keep alive their pure  
and holy tie of love  
I pray Lord, at His Feet may  
you bestow only good  
on them and work their weal. -2

**5. PRAYER FOR MAINTAINING RIGHT  
ATTITUDE FOR SERVICE FOR  
GOOD OF ALL**

Let us spare no efforts in the  
service for good of society  
Let there be no motive of self in this  
service which is the right way to do.  
Where service is the true motive that  
action alone is karma of love true.  
Karma dyed with love,  
may we do only such service,  
To lift life higher must be  
our vision in life  
Let our service be done  
with the aim of doing it for  
Love of Lord  
May you look upto the blue heavens  
while doing service for  
life's upliftment.

**6. PRAYER TO THE SNAKE ON ITS  
APPEARING BEFORE US**

If there is any shortcoming  
in our action forgive us,  
May you not bother to appear  
again we pray again and aain  
(Light a ghee lamp, bow five times to it,  
recite the above mantra five times and then  
place the lamp near the waterpot)

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**7. PRAYER FOR THE DEPARTED SOUL**

(After the death of a soul for 16 days for  
his well being, morning and evening, either  
alone or with the other members of the  
family recite the below prayer)

Give him peace at mind-heart fully  
and give him all that's good  
Give him carefreeness from people  
he would worry for whom  
Let him proceed peacefully further  
snapping tethers for good.  
OR

May the departed soul receive from YOU  
Lord Peace of Heart and Mind,  
In every way may only good  
come to the soul from YOU.  
Whatever ties of bondage he may  
have had with men on this earth  
May you free him for ever from all  
such ties of attachment in everyway.

**SRĀDDHA - PRAYER**

**(Offering to the departed Soul)**

Remembering your father  
and fore fathers,  
praying for their well being in  
their life after- death.  
May you work for their peace and  
happiness, making it your life's aim.

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**PRAYER WHILE SITTING DOWN FOR  
MEALS**

Accept my offerings, O God within me in  
the form of meals I take,  
Ignite the conscious force in heart  
by purifying cells of body. -8

**PRAYER WHILE TAKING MEDICINES**  
Let ill health be discarded  
through these medicines  
for improvement of health. -9

**PRAYER TO BE UTTERED WHILE  
WALKING OR STROLLING**  
May Thy Consciousness  
touch me eternally  
May my heart be linked to  
Thee through Love, Devotion, Faith.-10

**PRAYER WHILE GOING TO SLEEP**  
May life's insensitivities be not  
in my sleep, even in  
my sleep may Thy consciousness  
be in me.  
May Thy Remembrance be  
even in my sleep.  
May I be conscious of  
Thee even in my sleep

Whatever sinister thoughts  
disturb my sleep as dreams  
Remove and transform them into  
Divine in my heart.-11

**WHENEVER DOUBTS, SUSPICIONS ASSAIL  
PRAYER TO BE UTTERED THEN**  
Doubts, Suspicions, and  
Prejudices of the intelligence  
Remove these and inspire  
purity in my brain,  
May Thy awareness ever be in my heart,  
Making me struggle in life fill my  
heart with Love and Devotion - 12

**PRAYER TO TRANSFER PUNYA EARNED BY  
KEEPING ONE'S OWN VOWS TO ANOTHER  
PERSON**  
I complete to day the vow  
I took few months ago,  
Pray its punya be transferred to  
the soul so dear to me,  
O ! fire the oblation I give  
pray transfer, humbly I tell thee.-13

## SECTION : 7

This section contains daily prayers :

### DAILY PRAYERS

(To establish firmly relationship with the Lord seated in your heart and make it alive)

Sympathy and oneness of being in life  
Become strong through

prayer certainly,  
When the atmosphere is disturbed  
and you are restless  
Prayer and singing of hymns  
should be resorted to then.

### PRAYER FOR AWARENESS TO FULFIL LIFE'S MAJOR PURPOSE

Resolves were made to redeem the past  
life's actions, before my descent,  
Pray, let me ever be aware of them  
and help me in my ascent.

### TO AWAKEN VIRTUE AND GOODNESS IN LIFE

To bring about inner awakening  
to rise higher in life  
May such awareness be in  
my heart always. -1

### TO SILENCE THE WANDERING MIND

The mind wandering  
everywhere running after,  
following its senses.  
It is my prayer to Thee to  
keep it tied to Thy Holy Feet. -2

### TO KEEP THE INNER BEING HAPPY

If the inner being is disturbed, ruffled  
Let me be alert atonce  
May I struggle heartily to keep my  
being happy. -3

### IN CASE OF ANY QUARREL OR CONFLICT OR MISUNDERSTANDING

If the heart becomes disquiet  
on account of any  
conflict or misunderstanding  
Let me feel it keenly, I pray Thee. -4

### IN CASE OF SOME INJUSTICE DONE TO ANYONE OR TO ME

Let no injustice be done to  
anyone in life by me  
Let me supinely take the injustice  
done by else to me. -5



May my heart ever beat with  
it is my prayer to Thee.-14  
By keeping my aim ever in my works,  
Let me make all efforts to  
complete them with dedication fully.  
Let me work with love  
of God, dedicating it to God.-15  
Offering it all at His Feet  
with adoration willingly.-16  
halfheartedly let us do no work  
Let us never indulge in  
manipulations or dubious dealings.-17

**PRAYER DURING TOPSYTUREY  
CONDITIONS OR UNDESIRABLE  
CIRCUMSTANCES**

In sorrow and adversities  
and tempests in life, pray lead  
us out of it safely unscathed,  
unharmd by Thy Grace.18

**TO INFUSE COURAGE**

During difficulties, obstacles,  
hurdles all that come in life  
To face all these squarely and keep  
our heads high. give us courage.-19

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**TO INFUSE STRENGTH OF SOUL**  
I stand firm, show manliness,  
in face of adversities  
Infuse in me your strength, O God  
this prayer, my to Thee.-20

**MOTIVELESS PRAYER**

To bring our work to a successful  
close is in Lord's hands,  
This is my humble prayer, this  
work is the invaluable means,  
But if the results are contrary  
to our expectations,  
Accept them joyfully as  
Lord's gift of love to thee.

**TRUE SELFLESS SERVICE**

Whatever pains and efforts you  
take for welfare of others  
In which you have no personal  
interest or axe to  
grind is true service to God and man  
Whatever is done for service  
of others that is the  
right attitude good for you  
That action or work selflessly  
done moulds thy inner being,

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It lifts thee to a higher stage in  
life, giving you right vision of life.  
Whatever service is done with  
Love and Devotion  
to Lord with full Faith  
It takes thee high towards the  
heavens high up in the blue sky  
Whatever living we make out of  
Loving Service rendered to Thee  
May it infuse life and soul into  
our inner being by Thy Grace.

#### **ETERNEL REMEMBRANCE OF THE LORD**

In our mind's all  
thoughts and tendencies  
In mind's base desires, sins,  
in all being's stored impressions  
In mind's plays and sports,  
in mind's delights and tendencies  
May Thy Loving Remembrance  
be ever fixed in my heart  
In all our physical activities,  
in all our desires of the senses  
In every atom of our body,  
in heart's very blood  
In every pore, from head to toe,  
in all the nine gates of the body,

May the Loving Remembrance of  
Thy name be our heart's companion.

#### **PRAYER FOR LORD'S REMEMBRANCE**

Lord may you take good care  
of me, dwell forever in my heart.  
In life may you, O Lord,  
ever protect me from all harm. -1  
In life take care of me  
always in every way.  
May you give me the  
heart to remember you always. -2  
To remember Thee in my heart  
give me zeal of heart  
In ease of forgetfulness may  
you prick my mind as  
if with a needle to awaken in.' -3  
Knowing that Remembrance  
is Thy Holy Feet's Nectar  
Inspire me to bathe in the waters of  
the Remembrance of Thy Name. -4  
Give me the intelligence to  
please Thee at heart,  
In case of any shortcoming on my  
part please forgive, please forgive. -5  
In case of any wrong doing on my part  
After due punishment, pardon me. -6

Awaken my heart to the need of  
    Remembering Thee always  
To keep Thy Remembrance ever alive in  
    my heartknock me again and again. -7  
In case I ever forget  
    Thy Remembrance may I feel in  
my being the sting of a  
    thousand scorpions,  
    and be brought back on the path. -8

### AARTI

OM: Give refuge at thy feet O! God  
    give refuge and rest  
Lift the fallen one and brace him  
    closet to your chest.-1  
Feeling of mind and speech, get them  
    translated in action  
Mind, speech and heart should always be  
    united in action.-2  
Let the heart be filled with reverence  
    those meet in life.  
Let love swell even for those  
    gave insulted in strife.-3  
Give me strength and will to fight  
    lower traits of nature  
Help me transform them to climb  
    Steps of higher stature.-4

Traits of vital force so fierce  
    thoughts that bog my mind  
Doubts of intelligence so clever  
    melt them all, be kind.-5  
I appear to others as clear  
    as I am at my heart  
Pray my senses remain open, and  
    frankness be my art.-6  
Thought of doing other than what my  
    heart tells me to do  
Let that situation arise not  
    guide me what to do.-7  
Let my heart be attracted where  
    virtues and love dwell  
Let devotion for virtues and  
    love enter it well.-8  
Melt vital force, sense and mind  
    in your love as well  
Gusts of love for thee as high  
    as ocean, let them swell.-9  
    - Shree Mota

**|| Hari Om ||**

**PRAYER FOR IGNITING THE FIRE**

Fire is positive power, daze not, see  
    Fir is a dazzling light,  
Fire kindles holiness in you by  
    making clear your sight. -1  
Flames of fire, behold, always they  
    go up higher and higher,  
They inspire ambitions higher  
    and keep attention sharper. -2  
If we desire to burn fierce fire  
    at heart for any good reason,  
We must strive, with all our might  
    to reap the fruits lying hidden. -3  
Fire is needed to prompt other fire  
    is a wellknown truth of life,  
Quiet of life, is no other thing, but  
    igniting fire in psyche. -4  
Fire dies down, light it again  
    and again you try to fire,  
Inquisitiveness tells where success  
    doors enter its doors for ever. -5  
To day I light, for a steadfast life  
    this fire in front of you,  
Feelings at heart and bowing my head  
    ask blessings of all of you. -6

**PRAYER FOR IGNITING THE FIRE**

Fire is visible energy, behold it,  
    spreads light all around.

Fire purifies things touched by  
    and holiness also abounds. -1  
Flames of fire rise higher and higher  
    prompt us to do the same  
Keep goal higher and strive still higher  
    that is the crux of game. -2  
To ignite mighty power of fire at heart  
    you need efforts unmitigated  
Worshipping the fire with intensity dire  
    let of your be related. -3  
Fire is a must, to light other fire  
    so start your search for that  
Spiritual quest would need such a fire  
    to light the fire perfect.  
So strive in life with all your might  
    and find it, go get set. -4  
Inflame fierce fire, of inquisitiveness  
    for quest of spirituality  
If dies down, light it again and  
    enter the gate-success. -5  
To settle down well, in life as well  
    with devotion I light the fire  
In presence of you, to day as I do  
    please with good luck O ! Fire. -6  
Please bless me now O ! Fire.  
Please grace with love O ! Fire.



